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University of the East Ramon Magsaysay Memorial
Medical Center Alumni Foundation, USA, Inc.

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Pathways to U.S. Residency Training for UERM Medical Students

*A Lecture Series on Preparing for Residency Training In the
United States*

1. Understanding the U.S. Residency Pathway From Medical School to Residency Training

Description:

Learn the big picture of the U.S. residency pathway—from medical school and USMLEs to ERAS, interviews, and Match Day. A practical roadmap for students considering residency training in the United States.

Date: August 29, 2026 8PM (Phil), 8AM (EST)

Presenter: Nathalie Bernabe-Quion, MD “88 MPH FAAP
Board Certified in Pediatrics
Children’s National at Columbia Heights
Washington, DC

2. Preparing for Success on the USMLE Study Strategies and Test-Taking Approaches

Description:

Discover proven study methods, question-bank strategies, and exam-day techniques used by successful applicants. Learn how to prepare efficiently and maximize your USMLE performance.

Date: October 3, 2026 8PM (Phil), 8AM (EST)

Presenter: Eliezer de Leon, MD '73 ADS
Board Certified, Internal Medicine, Acupuncture and
Detoxification
Former Care Management Director, Corewell Health
Systems
Michigan

3. Research and Scholarly Activity

Building a Strong Academic Portfolio for Residency

Description:

Want a stronger CV? Learn how to get involved in research, write abstracts and papers, and turn scholarly work into a competitive advantage for residency applications.

Date: November 21, 2026 9PM (Phil), 8AM (EST)

Presenter: Emily de los Reyes, MD '85
Board Certified, Pediatric Neurology
Clinical Professor of Pediatrics and Neurology
The Ohio State University
Columbus, Ohio

4. Beyond Residency Training

Fellowships, Career Opportunities, and Professional Growth

Description:

A discussion of post-residency career pathways in the United States, including fellowship training, academic medicine, private practice, hospital employment, contract negotiation, and long-term career development.

Date: December 5, 2026 9PM (Phil), 8AM(EST)

Presenter: Vicenta Gaspar-Yoo, MD '89 MBA CHCQM-PA

Board Certified, Physical Medicine and Rehabilitation
Master's Degree in Business Administration
Senior VP, Care Continuum and Transitions, Allegheny
Health Network
Pennsylvania

5. Learning from Those Who've Been There Lessons from Young UERM Alumni on the Path to U.S. Residency Training

Description:

Hear firsthand from recent UERM graduates who have successfully navigated the U.S. residency application process and are now completing or have recently completed their residency training. Through an interactive Q&A session, panelists will share practical advice, personal experiences, challenges they encountered, lessons they learned, and tips for succeeding throughout the journey—from preparing for the USMLE and applying through ERAS to matching and thriving in residency.

Date: February 20, 2027 9PM (Phil), 8AM (EST)

Panelists: Brian Pablo Bustos, MD '18
Board Certified, Internal Medicine-Nephrology
Attending Physician, Bustos Medical Group, Virginia
Nephrology Fellowship, Harvard Medical School,
Massachusetts
Internal Medicine Residency, UConn Health,
Connecticut

Katryna Mae Ann Torres, MD '19
Board Certified, Pediatrics
Attending Physician, Sutter Medical Group, California
Pediatrics Residency, Geisinger Medical Center
Pennsylvania