



# Alumni Foundation Newsletter

UERMMMCA Alumni  
Foundation, USA, Inc.

Alumni Foundation Newsletter

February, 2004

## Changing of the guards

### Elma is 3rd COB



Dr. El Castro handing over the gavel to Dr. Bayani Elma.

Dr. Bayani B. Elma, '68, a retired internist from Maryland, former UERMMMCA biochemistry faculty member, 3rd alumni association president, founding editor of the *UERMMMCA Alumni Newsletter* and foundation vice-chairman, was elected chairman of the Board of Trustees of the alumni foundation at its annual meeting last July 30th in New Jersey, succeeding Dr. El B. Castro, '63, who stepped down after more than 6 eventful years at the helm.

Elma brings to office a wealth of experience in alumni affairs and a strong sense of loyalty and devotion to UERMMMCA similar to those of his predecessors and co-founding fathers in both alumni organizations. In his first public comments as new chairman, Elma pledged to continue the initiatives began by Castro who in turn vowed to stay on as fundraiser. The twin thrusts of the new administration are intensified campaign to raise \$1 million in endowment fund dubbed the "333 fund" and increased funding for current projects such as book scholarship, faculty development, basic & clinical skills labs, conferences, library, research awards, community service award and library. Two items in the foundation's on-going fund raising appeal, **continued on page 3**

### Paredes is 11th Dean

After two months of suspense rife with speculations on campus and among alumni circles, the UERMMMCA College of Medicine finally got its new dean: Dr. Georgina Tungol-Paredes, past director of research and educational development at the Center, associate professor and former chair of the Department of Preventive & Community Medicine and member of the UERMMMCA Twin Class '73. Her selection was announced on Thursday afternoon, November 20, 2003, by President Dr. Romeo Divinagracia following a marathon meeting of the UERMMMCA Board of Trustees. Paredes was chosen by the board from a "final four" all-alumni list made up of Paredes, Drs. Benjamin Rigor '62, Alfaretta Tan-Reyes '73, and Erlinda Valdellon '63.



In an email communique to the *Newsletter* Dr. Divinagracia said that Dr. Paredes received the strong backing of the faculty. He expressed the hope that with Paredes' election, the task of curriculum development and implementation among other urgent concerns of the College could now be accomplished.

Paredes becomes the 11th dean of the 46-year old College of Medicine, replacing Dr. Valdellon, who resigned on September 15, 2003. She accepted her selection in early December **continued on page 8**



Dr. Georgina T. Paredes, standing 2d from right, with classmates in 2002 and former Dean Erlinda V. Valdellon, Dr. Benjamin Policarpio, and Dr. Simona Alikpala.

It is said that the greatness of any educational institution is reflected by the quality of its graduates not just by their technical expertise but more so by their charity to others. By the same yardstick also is the UERMMMCA College of Medicine measured. Professional success among our graduates both here and elsewhere abounds. Our graduates have demonstrated their mettle in their own individual struggles for advancement and recognition. They have upheld the high expectations of the school that nurtured and taught them. In the same breath, community service and involvement by our graduates have also been commendable. Many alumni lead various social endeavors in their own communities.

## Act of faith

In every sense then is UERMMMCA a great institution that we can always be proud of. Looking back with gratitude, alumni elders have spoken for everyone when they put up the alumni foundation and association by which all alumni may share the bounty of their "time, talent, and treasure" with our school. This way, not only do we give back to her in thanksgiving but also reaffirm our belief in her continuing work of preparing young doctors for the noble task ahead. Thus *pro deo et patria* becomes our common conviction and commitment. In the final analysis, giving of ourselves to our school, to our fellowmen, to our patients, to each one, is our act of charity, our act of faith.

Officers old and new



Dr Querubin



Dr Miranda IV



Dr Ong



Dr Mendoza



Dr Gilo



Dr Baldomero



Dr Casibang



Dr Prudencio



Dr Blas



Dr Raymundo



Dr Shoda '87 urges trustees to look at fundraising alternatives.



Lou Tumolo and Evasio Cagande of American Express offer donor-advised funds as vehicles for charitable giving.



Annual meeting participants listen to speakers at the Courtyard by Newark's Airport July 30th..

# Annual meeting highlights

## Whys and hows of giving

The leadership mini-workshop on July 30, 2003 at the Marriott Courtyard in Elizabeth New Jersey focused on the rationale and mechanics of gift giving. Mr Lou Tumolo of American Express the day's sponsor led off with the question "Why give?" Because of a commitment, the satisfaction in brings to, and income tax benefit for the donor he answered. "What to give?" Cash, non-cash asset(s) or a mixture of both, he said, adding that tax rules provide the donor a 50% deduction for cash donation vs. 30% for non-cash one. "How?" Insurance is the "most efficient way," he advised, in which a foundation can be made the owner of a policy, a recent hybrid of such called donor advised fund provides the donor with flexibility and anonymity.

## New fundraising tips

Dr Kotoo Shoda, a 1987 alumnus, an energetic, engaging and innovative entrepreneur from the tristate area, gave a practical talk on alternative ways of raising money for alumni projects. He em-

phasized creating a "strong bargaining power of alumni" that can bring in credit card rebates and commission percentages from various sales arrangements. Shoda also entertained his audience with funny anecdotes about Filipino family ties of which he is now a happy part.

## New line up

The annual meeting of the board of trustees on July 30 afternoon reelected current board members Drs. Elma, Prudencio, Blas, and Raymundo to another three-year term, along with Dr Vickie Casibang, the board's parliamentarian, who was elected to her first term, and Dr Roy Baldomero, who was elected to serve out the remaining two years of Dr El Castro who had resigned earlier

The board promptly reorganized itself and voted its set of officers for the coming term: Bayani Elma, chairman; Rene Querubin, vice-chairman; Conrad Miranda, IV president; Dekiam Ong, vice-president; Rolando Mendoza, secretary; Vickie B. Casibang, assistant secretary; Elmer Gilo, treasurer; and

Roy Baldomero, assistant treasurer Casibang continues to serve as parliamentarian.

The new officers were sworn in by Dr Romeo Divinagracia, UERMMMMC president, on August 2 at the formal turnover meeting at New York's Regent Wall Street Hotel.

## Other businesses

The two sessions of the 2003 annual meeting of the board of trustees, July 30 and August 2, also approved the following in its busy agenda: 1) minutes of the 2002 annual meeting in Honolulu; 2) treasurer's report detailing the foundation's statements of operations and financial condition showing net assets of \$380,133; 3) constitutional amendments which went into effect immediately (Article I changing the foundation's name to UERMMMMC Medical Alumni Foundation USA, Inc., new corporate seal, allowing all UERMMMMCMAAA, Inc. chapter officers as non-voting members, total members not less than 10, streamlined election, removal and vacancy procedures, 3-year term of office with reelection, and standing committees of 10).

## Elma . . . from page 1

the dean's wish list and indigent fund, are treated as special categories in that the former has for the last five years, since the alumni association presidency of Dr. Benjie Rigor, been auctioned off at the annual alumni convention's general assembly, while the latter has been picked up this year by the current administration of alumni association president Dr. Joseph Rastrollo as its *cause celebre*. As mentioned in the *Alumni Newsletter* Rastrollo aims to raise an endowment amount of \$300,000 within 6 years for this project which the association calls its drug assistance program for indigent patients at UERMMH. According to preliminary figures mentioned last November by Dr. Irene Ibanez-Manlapaz, executive director, the association was able to meet its goal of \$50,000 for the first year and that organizers for the 16th convention are eyeing to do the same in Chicago next August.

In a brief phone interview with the *Foundation Newsletter* few months ago, Dr. El Castro reported that he has so far received from his classmates ('63) \$5,900 for the 333 endowment fund, another \$27,000 in bequest, and \$24,100 worth of recycled items. He expressed the hope that alumni would respond generously to the current fund campaign. The said fund was started by chairman emeritus Dr. Wilmer Heceta, '61, in 1995 as an unrestricted fund. In August, 2002, the Board of Trustees converted it into an endowment and the \$26,000 so far collected as of September that year became the seed money for the fund. As of today, the fund has swelled to \$36,861. As an endowment, the principal amount is left intact and that only investment proceeds from such will be used for designated projects approved by the foundation board.

For his part, Dr. Elma got off to a fast start as well when he reached out to younger alumni leaders at the strategic meeting in Baltimore last August 30. In his address, he reviewed the differences between the foundation and the association emphasizing the former's tax-exempt non-profit status and its legal authority to raise money for its charitable activities. At the same meeting, other methods of fundraising were explored for further consideration.

Elma also named all his appointments to various standing committees of the foundation (see page 17), formalized the goals and strategies of his administration for his three-year term, and at the leadership workshop held in Elizabeth, New Jersey on November 22, 2003 got the board of trustees' approval of his first year budget of \$82,250 which allocates 80% for project programs and 20% for operating or administrative expenses (see pages 10-11).

In his first official visit to UERMMMC as foundation chairman on December 1-7 2003, Elma got an earful on the needs of various sectors of the medical center: salary support for basic and clinical faculty, more current journals and textbooks for the library, full scholarships to attract better students, help for indigent patients in the charity hospital, etc, to which he informed his hosts that the alumni foundation could only do modest but targeted funding.

In his report to the executive committee of the foundation upon his return from Manila, Elma revealed that Chairman P.O. Domingo expressed to him his (Domingo's) intention to renew UERMMMC's "non-stock, non-profit" status for the next 50 years after 2007 the 50th and final year of the center's current charter. Domingo, Elma said further, also issued a challenge to alumni and the foundation to come up with P150 Million to invest in a "New UERM Corporation." The amount constitutes 40% of the estimated P400 M needed to buy out the center's real estate, with UERM putting up the balance of P250 M, Elma quoted Domingo as saying.

Dr. Elma also met with the new dean, Dr. Georgina T Paredes, student leaders, and local alumni representatives.

# Accomplishments of the Foundation

by El B. Castro, M.D.

The following accomplishments during the fiscal year 2002-2003 highlight the important role the UERMMMC Alumni Foundation plays in representing the interest of the donor alumni and friends:

### SCHOLARSHIPS

1. Twelve (12) Partial Tuitions for financially handicapped but academically talented students
2. Thirty (30) Academic Excellence Awards for outstanding students
3. Sixty five (65) Book Scholarships to financially handicapped medical students
4. Three (3) Book Scholarships for financially handicapped physical therapy students
5. One (1) Full Tuition Scholarship awarded to a financially handicapped TOP TEN medical student

### FACULTY DEVELOPMENT

1. Ten (10) Best Teacher Awards in the Basic Sciences
2. Ten (10) Best Teacher Awards in the Clinical Sciences
3. Five (5) Travel Grants
4. One (1) Educational Grant for Doctorate in Medical Curriculum, recipient graduated *cum laude*
5. One (1) Educational Grant for training in sleep medicine/respiratory function testing

### CONFERENCES, MEMORIAL LECTURES, AND POSTGRADUATE COURSE

1. Dr. Jose Cuyekeng Memorial Lecture
2. Dr. Romulo Guevara Sr. Memorial Lecture
3. Dr. Fidel Cuajungco Sr. Memorial Lecture
4. Dr. Potenciano Baccay Memorial Lecture
5. Postgraduate Course in Ophthalmology

### RESEARCH FORUM AWARDS

### RESIDENTS RECOGNITION AWARDS

### LIBRARY

1. \$5,000 for the Main Library computer upgrade
2. Departmental Library Financial Support Departments of Anatomy, Pharmacology, Ophthalmology, Obstetrics & Gynecology, Psychiatry, and Radiology

### COMMUNITY SERVICE

1. Community Service Award for Outstanding Student and Group in Community Service
2. Community Service Health Programs

### RECYCLING FOR CHARITY

Donation by individual alumni of medical equipments and supplies with an estimated value of \$100,000.

### SHARED EDUCATIONAL MATERIALS

Donation by individual alumni of books, journals and other educational materials with an estimated value of \$5,000.

# Final thoughts

by El B. Castro, M.D., Outgoing Chairman

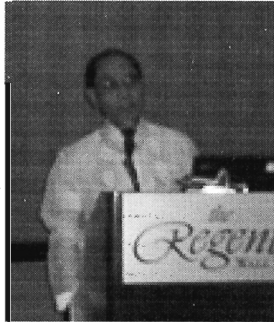
It is difficult to foresee and anticipate all barriers that stand in the way of a nonprofit organization's creation and survival but one thing is certain, there will be continuous barriers and threats to encounter. However, it is without a doubt that such an organization can accomplish more than what any single person, operating without an organizational structure can achieve alone. Starting a nonprofit organization is difficult. It is for this reason that the Foundation recognizes the vision of Dr. Fernando Sanchez, former dean of the UERMMMCC College of Medicine and my classmate Dr. Aurora Pavia-Azansa in establishing the UERMMMCC Alumni Foundation. The Foundation also acknowledges the work of Drs. Wilmer Heceta and Francisco Rabadam as the first elected Chairman and President, respectively. Together with former officers and trustees they managed the foundation through a difficult time.

The management of a nonprofit corporation like the UERMMMCC Alumni Foundation in the 21st century requires many things. Officers and trustees of must have political acumen, immense technical skills, vision, knowledge in corporate management, education, research, continuing quality improvement, continuous update in fiduciary responsibility and regulations, leadership skills, community service and human relations, physical and mental stamina, and perhaps luck and a sense of humor.

Running the Foundation was no picnic. There were many personal "headaches and heartaches" crisis and conflict management. Despite all of these, I enjoyed my work with all the men and women who have helped me do the Foundation's noble task for twenty years. For those who will continue this task, it is extremely important to realize that organizations like individuals have their own growth and development periods. Organizations cannot change overnight. Problem solving and changes within the Foundation are best managed on a gradual and ongoing basis. Clearly, one of the factors that will sustain and assure organizational survival is leadership. Stephen Covey emphasized that a principled leadership management of an organization needs both character and competence. Let me share with all of you things I learned about leadership. Let me start with character and patience.

## CHARACTER, PATIENCE, AND FORGIVENESS

As Rush Limbaugh (radio talk host) mentioned: *Character matters, leadership descends from character*. What then should be our character? Columnist Abigail Van Buren advises "*The best index to a person's character is a) how he treats people who can't do him any good, and b) how he treats people who can't fight back*" How should we treat people or an institution that made our life miserable? Hock counsels "*Make a careful list of all things done to you that you abhorred. Don't do them to others ever. Make another of things done to you that you loved. Do them for others always.*" Our humanitarian profession requires us to respect goodness, to find and do it always. Oftentimes we have to do goodness even to our enemies or those who made our life miserable. Because of our imperfections it is hard sometimes to forgive or even forget. We all try to do our best to be patient, to change our ways. We know that in our personal, family, and professional life we made mistakes knowingly and unknowingly and brought permanent misery and sufferings to others. Yet we were forgiven of all our transgressions. In return, we must also forgive for "*He who has not forgiven an enemy has never tasted one of the most sublime enjoyments of life*" (Johann Kaspar Lavater: clergyman, poet). Another great poet said: "*To err is human, to forgive is divine*" Everyday and in everything we do in life we learn to be patient in serving others. St. Francis of Assisi once said: "*Have patience in all things but chiefly, have patience with yourself. Do not lose courage in*



*considering your own imperfections, but instantly set about remedying them everyday begin the task anew.*" These are some of our inspirations in taking responsibility for the Foundation.

## LEADERSHIP, DUTY, AND EDUCATION

Our profession requires us to practice leadership almost everyday. 500 years before the common era (BCE), Hippocrates wrote in his first aphorism: "*Life is short, art is long, judgment is difficult, experience fallacious, and occasion is fleeting. It is the responsibility of the physician himself, the patient, the attendants, and the externals to cooperate.*" So, everyday we teach, inspire and advise and give hope not only

to our patients but to everyone whenever we can. Executive Ari D. Kaplan defines a leader this way: "*A true leader inspires others to lead themselves.*" 6th U.S. President John Quincy Adams said: "*If your actions inspire others to dream more, learn more, do more and become more, you are a leader*" As stated in the first paragraph of the Hippocratic Oath, a physician is foremost a teacher. A physician must also help others to learn and be successful in their profession and life. Regardless of our perceptions of the quality of our education and previous experiences at our Alma Mater, we have a duty to help. All of you fully understand that: "*The quality of a university is not measured more by the kind of student it turns out than the kind it takes in*" (Robert Kibbe: educator). Likewise: "*School is not the end but only the beginning of an education.*" (Calvin Coolidge: 30th U.S. President). I have no doubt in my mind that all of us continue to be educated by our experiences and travails in our life.

We know also for a fact that there is no great institution of learning in the world at present that can survive and preserve its great legacy without alumni help. Most alumni are aware of the situation at our Alma Mater. We have divergent opinions and feelings on how to help her. It is up to each of us whether to let the institution deteriorate from its present status or to support her with our time, talent, and treasure and maintain her premier position in medical education and health care delivery in the Philippines. For whatever it's worth here is a piece of advice I'd give to all alumni who will still practice for at least 5 more years: The dynamic changes and complexities in health care profession and practice almost always require validation of credentials by the issuing institution. This process, at present, takes a long time even for American medical school graduates. It would be impossible for any application to be approved without the validation of credentials by an already non-existent Alma Mater.

Most alumni are unaware of this predicament. As officers and board members, let's do our best to make sure that our Alma Mater will never close. In making this commitment: "*We must exchange the philosophy of excuse to the philosophy of responsibility*" (Barbara Jordan: congresswoman and college professor). Dwight D. Eisenhower (34th U.S. President) once said on duty: "*No man can always be right. So the struggles to do one's best, to keep the brain and conscience clear never to be swayed by unworthy motives or inconsequential reasons, but to strive to unearth the basic factors involved, then do one's duty.*" We can also apply and follow in the effective management of the Foundation this principle by Theodore Hesburgh, C.S.C. (former president University of Notre Dame): "*My basic principle is that you don't make them because they are cheap; you don't make them because they're popular; you make them because they are right.*"

In doing our legal duty as Officers and Board of Trustees, we must always continue to set goals and let us do it as a team to be successful. The result would be: "*Great thoughts reduced to practice become great acts*" (Peter

## Final thoughts . . . continued from page 5

Senge: author). Do not lose sight of teamwork for: *"the moment we break faith with one another the sea engulfs and the light goes out"* (James Baldwin: writer). In the process of doing our duty there will be many obstacles, innuendos, challenges and criticism. We must maintain good interpersonal relation among ourselves. It needs a lot of humility on the part of officers and board members to have organizational success. It should be one of our enduring trait. Benjamin Franklin said: *"Humility to our superiors is a duty; to our peers respect, and to our inferior nobleness."* Avoid being above all and know it all. Be sure that when we speak, couple it always with action and results. "No one can carry a coffin alone". If there are persons from within and/or outside the organization that hinder your effective work, ignore them. Allow me to remind all of us: *"Pay no attention to what critics say. A statue has never been erected in honor of a critic"* (Jean Sibelius: Finnish composer). And *"as I grow older I pay less attention to what men say; I just watch what they do"* (Andrew Carnegie: American industrialist). There will be occasions in the performance of our obligations when we encounter criticism that pours like rain. When we become depressed, annoyed or even angry take a deep breath and recall what Dolly Parton (Country/Western singer) said: *"The way I see it, if you want the rainbow, you got to put up with the rain."* Above all remind ourselves of what Robert Schuller (clergyman) advises on leadership: *"People are unreasonable, illogical and self-centered. Love them anyway. If you do good, people will accuse you of selfish ulterior motives. Do good anyway. Honesty and frankness make you vulnerable. Be honest and frank anyway."* Here is an advice on how to be a good leader from the late President Harry Truman *"You can accomplish anything in life, provided that you do not mind who gets credit"* *"A leader does not create followers but they create leaders"* (Tom Peters). Leaders are good followers who always look at organizational integrity and the accomplishment of missions. *"A true leader has the compassion to listen to the needs of others. He does not set out to be a leader, but becomes one by the quality of his actions and the integrity of his intent. True leaders are not those who strive to be first but first to strive and who give their all for the success of the team. True leaders are first to see the need, envision the plan, and empower the team for action."*

This is an encapsulation of my continuous educational training and experience for 48 years in leadership: military since age 17 followed by health care facilities (hospital and multi-clinic), then corporate management for 35 years. In the same period I worked for multiple nonprofit organizations at different levels of management. It is my fervent hope that with the manuals and documents we have developed as guides, all present and future officers, trustees and staff of the Foundation will function more effectively and efficiently. The challenge for all of them is to continue quality improvement in administering the organization and its project program. The result should be consistent and congruent with the mission and objectives of the Foundation. Lastly, the changes should be positive, enduring and long lasting for the trustees, the organization, and the needy that deserve our charity and kindness.

### GRATITUDE

We are all indebted to former Dean Dr. Fernando Sanchez, and my classmate, Dr. Aurora Pavia-Azansa, '63, for organizing the UERMMMC Alumni Foundation, U.S.A., Inc. in 1981 to Dr. Jose Cuyegkeng, the College of Medicine's second dean, who spearheaded the groundwork in 1970 for alumni to organize; to all former and present officers and trustees of the Foundation who labored during the difficult years of 1981 to 1996, especially Drs. Wilmer Heceta (Medicine Class 1961) and Francisco Rabadam (Medicine Class 1968), former chairman and president, respectively, who were the backbone of the organization during that period.

We are also indebted to all the past and present officers and members of the UERMMMC Medical Alumni Association in America, Inc. and its Chapters for their cooperation and collaboration in fulfilling the common mission of both alumni organizations in the U.S. **Continued on page 7**

# A promise

by Bayani B. Elma, M.D., New Chairman

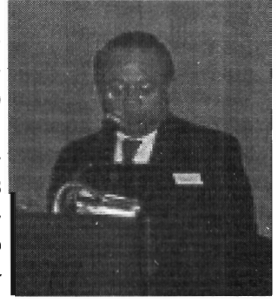
Three nights ago, there was the ceremonial passing of the torch of the Chairmanship of the UERMMMC Alumni Foundation, U.S.A., Inc. from Dr. El B. Castro to yours truly.

When Vince Lombardi, the great football head coach of the Green Bay Packers said, "The quality of a man's life is in direct proportion to their commitment to excellence," I think he had my 2 predecessors, Dr. Wilmer Heceta and Dr. El B. Castro, in mind. They both showed caring, compassion, conscientiousness, ability, self-sacrifice and firm commitment to bring meanings to the mission and vision of the foundation. My fellow alumni, ladies and gentlemen, let us honor these 2 doctors by putting our two hands together. Thank you.

A good speech, according to experts, is like a pencil, it has to have a point. The main point of my speech is to introduce myself to those who are new to the association and foundation as well as to re-introduce myself to the other alumni and alumnae. My name is Bayani Elma, member of Class 1968, the 35th year celebrant this year. I was the national president from 1992 to 1993 after Dr. Rogelio Sion and Dr. Benjamin Narrajos. As national president, I initiated the Medical Student Scholarship at the UERMMMC and donated the \$15,000 that started the OB-GYN Ultrasound Fellowship at the Department of OB-GYN. I was the first editor of the alumni newsletter during the term of Dr. Sion. I have been involved with the UERM Alumni Foundation, U.S.A., Inc. since 1992.

Lastly, with the confidence and support of the executive officers led by President Dr. Conrad Miranda and the Board of Trustees and **most important of all, you, the alumni**, I promise to continue the set goals of the foundation for the coming 3 years of my term. It is said that getting something done is an accomplishment but getting something done **right is an achievement.**

Thank you for lending me your ears.



Dr. Elma conducts 1st board meeting on August 2, 2003

## Treasurer's Report:

# Assets now \$428,566 by Elmer Gilo, M.D.



The gross income from all sources was \$222,018.85 and the total expenses was \$173,775.78, giving us a net income of \$48,243.07

The total liabilities & equity at the beginning of 2003 was \$380,323.19 and at the end of 2003 is \$428,566.26.

This report includes several categories in addition to the basic Statement of Financial Position and Statement of Activities. The Schedule of Revenue by Account shows the inflows from various sources and at the current state, the bulk of the income comes from individual donors followed by donations from the alumni association and its chapters. Note that the other revenue component is actually not considered income as they are pass through contributions. *(The schedules described in the next paragraphs can be obtained from the alumni website: [www.uermalumni.org](http://www.uermalumni.org) or directly from the Treasurer Editor)*

The Schedule of Revenue by Class shows you the donations to various supported programs of the Foundation and further classified as Permanently Restricted, Temporarily Restricted and Unrestricted Classes. Pay attention to the Unrestricted Class or Fund. This category is where money spent for administrative items comes from and they are only a miniscule amount.

The Schedule of Expenses by Program shows you the amount spent for various programs and where the money was taken from (donor column) and paid to.

### Statement of Financial Position

Fiscal Year Ending December 31 2003

ASSETS	
Checking/Savings	
Cash	
Business Checking	\$ 3,345.77
Business Money Market	182,866.58
Merrill Lynch Bank Account	31,625.00
Chase CD 6 month	10,271.17
Chase CD 7 month	18,814.52
Chase CD 12 month	19,145.79
Total Cash	266,068.83
Total Checking/Savings	266,068.83
Investments	
JP Morgan Chase	145,744.68
Merrill Lynch EMA	16,752.75
Total Investments	162,497.43
<b>TOTAL ASSETS</b>	<b>\$428,566.26</b>
LIABILITIES & EQUITY	
Equity	
Opening Balance Equity	\$351,366.30
Permanent restricted net assets (333 Endowment Fund)	27,465.00
Total Permanent restricted Assets	27,465.00
Net Assets	1,491.89
Net Income	48,243.07
Total Equity	428,566.26
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>\$.428.566.26</b>

Dr. Gilo would like to remind donors that their letters of acknowledgement would be sent by Dr. Baldomero, assist. treasurer, in time for the tax filing season.

### Statement of Activities

Fiscal Year ending December 2003

INCOME	
Individual contributions	\$ 55,218.01
Corporate & foundation grants	
Other NPO grants	14,300.00
Investment income	
Interests from savings	
temp. investments	1,672.83
Dividends & interests from securities	6,362.34
Total Investment Income	8,035.17
Realized & unrealized gain (loss)	
Change in market value of investments	13,123.96
Other Revenue	131,341.71
<b>TOTAL INCOME</b>	<b>\$.222.018.85</b>
EXPENSES	
Grants & assistance	
Program grants	32,247.95
Spec. assist. to indiv.	1,000.00
Total grants & assistance	33,247.95
Professional fees	
Accounting fees	1,000.00
Other prof'l fees	200.00
Bank charges	42.55
Total Professional Fees	1,242.55
Postage & delivery	65.00
Equipment rental & maint.	1,832.00
Printing & publications	2,500.00
Travel	
Travel	1,000.00
Accommodations	688.33
Total Travel	1,688.33
Conferences & meetings	
Staff development	1,798.56
Total Conf. & meetings	1,798.56
Bank charges & fees	59.68
Other Expenses	131,341.71
<b>TOTAL EXPENSES</b>	<b>173,775.78</b>
<b>NET INCOME</b>	<b>48,243.07</b>



### Minutes of New Term Meeting by Rolando Mendoza, M.D. Incoming Secretary

new & current directors and officers except Dr. Victoria Camacho. Also there were Dean Valdellon, Dr. El Castro,

The first meeting of the new term held at the Regent Wall Street Hotel, NYC was called to order by Dr. Conrad Miranda at 4:15 PM on August 2, 2003 and presided over by new Chairman Dr. Bayani Elma. In attendance were all the

Mrs. Amuerfina Castro, *Chairman Emeritus* Dr. Wilmer Heceta, Drs. Frank Rabadam and Sammy Piga.

The new directors and officers of the alumni foundation were first sworn in by UERMMMC President Dr. Romeo Divinagracia, followed by the ceremonial handing of **continued on page 7**



## Minutes of the 2003 Annual Meeting by Amuerfina T. Castro, M.A., R.N.C. Outgoing Secretary

The annual meeting was held on July 30, 2003 at Marriott Courtyard, Elizabeth, New Jersey. It was called to order by Dr. Conrad Miranda at 2:15 PM and presided over by Dr. El B. Castro. Others present were Drs. Manuel Blas, Vincent Casibang, Isabelita Casibang, Victoria Camacho, Bayani Elma, Samuel Dona, Elmer Gilo, Rolando Mendoza, Samuel Piga, Renato Querubin, Joseph Rastrollo, Joey Prudencio, Renato Raymundo, Susan Raymundo, Dekiam Ong, Mesdames Amuerfina T Castro, Lourdes Blas, Catherine Dona, and Mr. Evasio Cagande. Absent: Irene Manlapaz. Excused: Nely Recano.

First item on the agenda was the approval of the minutes of the 2002 annual meeting in Honolulu as presented in the approval menu sent to the Board of Trustees. Next were the chairman's report, officer's duties & responsibilities, board member's duties & responsibilities, project description, and program description, all included in the approval menu presented by Dr. Rolando Mendoza. These were accepted and approved by formal resolution.

The board then noted the report of Dr. Elmer Gilo, treasurer, sent by mail to the trustees and published in the alumni website [www.uermalumni.org](http://www.uermalumni.org), detailing total assets of \$380,183 as of December 31, 2002. A motion to move donations to the Endowment Fund to Merrill Lynch Endowment Management Account was then introduced, seconded, and approved to achieve a higher investment yield and authorized the executive committee to decide the investment vehicle.

The board then heard and approved the reports of the following committees: (1) newsletter along with a commendation to Dr. David Roble for creating and maintaining the alumni website; (2) library committee chaired by Dr. Dekiam Ong authorizing \$5,000 for the upgrade of the library & purchase of more textbooks; (3) recycling for charity chaired by Dr. Benjamin Rigor noting alumni donations valued at \$300,000 sent directly to UERM or through the foundation; and (4) constitution & bylaws chaired by Dr. Bayani Elma adopting an official logo of the foundation and all proposed amendments *in toto* (with the clarification that trustees do not have to be alumni but officers should be alumni). The reports of the committees on conferences & lectures and community service both chaired by Dr. Rolando Mendoza emailed to officers and trustees were taken as informational as these committees have yet to meet and coordinate with services for implementation of their projects.

The meeting then proceeded with the election of members of the board of trustees using secret paper ballot with Dr. Victoria Camacho, Catherine Dona and Mr. Evasio Cagande as canvassers. Those whose terms were expiring were Drs. Manuel Blas, Bayani Elma, Irene Manlapaz, Jose Prudencio, and Renato Raymundo. Dr. El Castro resigned as member. Nominated were Drs. Isabelita Casibang, Manuel Blas, Roy Baldomero, Renato Raymundo, Bayani Elma, Jose Prudencio and Ida Tiongco. Voted to serve for the term 2003-2006 were Drs. Elma, Prudencio, Blas, Raymundo, and Isabelita Casibang. Dr. Baldomero was elected to serve out the unexpired term of just resigned Dr. Castro until 2005. The board promptly elected its officers as follows: Bayani Elma, chairman; Renato Querubin, vice-chairman; Conrad Miranda, IV president; Dekiam Ong, vice-president; Rolando Mendoza, secretary; Isabelita Casibang, assistant secretary; Elmer Gilo, treasurer; Roy Baldomero, assistant treasurer. Dr. Kotoo Shoda and Mr. Evasio Cagande were also appointed as new committee members. Dr. Castro thanked all attendees and the board of canvassers.

Dr. Elma announced the meeting for August 2, 2003 at the Regent Wall Street Hotel, NYC and the leadership workshop on Saturday, November 22, 2003. Meeting adjourned at 5:30 PM.

**Continued from page 6** the gavel from Dr. Castro to Dr. Elma. In his first meeting as chairman of the board, Dr. Elma promptly appointed Dr. Renato Querubin as chairman of the Constitution & Bylaws and Audit & Ethics Committees, and Dr. Irene I. Manlapaz as chairperson of the Research & Grant Committee; announced the Strategic Planning & Leadership Workshop on November 22, 2003. Both actions were approved by the board. Lastly, the board approved the opening of a foundation dollar account in the Philippines. The meeting was adjourned at 4:55 PM.

## *Final Thoughts ... continued from page 5*

We express our gratitude to all the officers and members of the Alliance and Friends for their assistance to the Foundation.

We thank all our families and loved ones for your support throughout the years not only in our professional and personal lives but also in this noble task of helping others through this organization.

We appreciate the beginning understanding of the UERMMM Administration officials of the need of alumni in the United States and their organizations for closer ties with and respect from the school to accomplish their common mission in quality education. We hope that their commitment to dynamic changes and better relations with alumni and the student body will continue in the future to help maintain the premier position of the colleges of the Medical Center. I am personally indebted to my classmate, Dean Erlinda Valdellon for what she did in resolving an unreasonable and irrational situation in saving the career of my son.

The Foundation could not exist without financial support. We will always be grateful to all alumni and friends who believe in the legal validity and mission of the Foundation by giving their financial support and love. We extend our heartfelt appreciation and respect for the incomparable work of Dr. Benjamin Rigor (Medicine Class 1962), former President of the UERMMMCMAAA, Inc. for the Foundation and the Medical Center.

My term as board chairman ends today. In the last 33 years, I tried my best to help the development of this alumni organization. Since 22 years ago I have served the Foundation in different capacities including as Chairman of the Board for the last six and a half years. Throughout all these years I have a "mentor, model, springboard and sounding board" that assisted and supported me in my responsibilities in the organization: the Secretary of the Foundation, my friend and my wife of 37 years, Mrs. Amuerfina T Castro, M.A., RNC.

Thank you all for your support. I will always cherish and be grateful for your giving me the confidence and opportunity to be part of this noble task. I cannot repay anyone of you for your dedication and charity I can only pray that the continuous blessings of God flow in you, your family and loved ones all the days of your life.

### Association donates ER defibrillator

Responding to the plea of the late UERMMMC Medical Alumni Association (Philippines) President Dr Lydia Pine-Tansecoco last August, the U.S. alumni association in September, 2003 donated \$5,000 to the alumni foundation for the purchase of a defibrillator for the UERMMH Emergency Room. Executive Director Dr Irene Ibanez-Manlapaz took the action for the UERMMMCMAAA, Inc. as a gesture of the association's strong support for the university hospital's delivery of care to the community it serves. This was in lieu of an earlier request from Tansecoco for a used ambulance which had been deemed less cost-effective. It will be remembered that Tansecoco celebrated her birthday at the New York reunion's gala night. Upon her return to the Philippines in late August, she emailed this message: "First of all, I would like to thank you and all the members of the board for the accomodation and the generosity that you have extended to all of us who came from the Philippines We really appreciate the kindness, the concern and the generosity of everyone there in the U.S.A."

### UERMMMC averts strike action

President Dr Romeo Divinagracia said in response to the *Foundation Newsletter* question last December that the UERMMMC management and its rank-and-file employees' union signed a Memorandum of Agreement on December 3, 2003 thereby avoiding a potentially costly and detrimental strike which the union had earlier threatened to carry out at the start of the latest round of labor-management talks. The talks were at a stalemate for a year until such breakthrough. He expressed a sigh of relief on the matter and looked forward to several years of "industrial peace." It may be recalled that a dispute over the enforcement of the then collective bargaining agreement between management and labor temporarily shut down the medical center in the mid-90s until the Philippine authorities ordered its reopening after a firestorm of protest and media attention.

### Library needs clarified

Send only textbooks that are less than 5 years old and journals less than 3. This was the reply of Dr. Divinagracia to an inquiry from Foundation Vice-Chairman Dr. Rene Querubin last month. He emphasized that because of limited space in the academic department libraries as well as the main library, old editions can no longer be accepted. Confirming to Querubin that the Center is "gradually moving towards an electronic library," Divinagracia said that the school would "still need to maintain certain book holdings which many students prefer." He added that the Center has planned to expand the current cyberlibrary later this year. He also specified the need for space-saving CDs and VHS cassette tapes that contain lectures, slides and other materials that can be used by faculty for teaching as "many of our faculty members are invited to speak not only to students but outside UERM" as well. "Journal subscriptions are most welcome," he concluded.

### Anesthesia supplies acknowledged

Dr. Benjamin Rigor, chair of the foundation Committee on Recycling for Charity received last summer a donation of anesthesia supplies worth \$3,100 from Dr. Syfu. The items had been delivered to the UERMMMC and were expected to benefit the University Hospital's Department of Anesthesia, Neonatal & Pediatric ICU, and the newly inaugurated Adult ICU

### More donations

The latest treasurer's report from Dr Elmer Gilo indicates a continuing rise in alumni donations. The wish list auction at the Hawaii convention in 2002 brought in the sum of \$11,915 in 2003 on top of what had been collected the previous year. Five alumni and the alumni association led by Dr Joseph Rastrollo pitched in \$6,335 for the drug assistance program of the foundation's indigent fund. Drs. Rene and Susan Raymundo established the Anna Lisa Memorial Fund in honor of their late daughter with a gift of \$5,000 and a contribution of \$200 from their classmate Dr. Dekiam Ong. Class 1974 gave \$2,500 for a LCD projector for the Department of Medicine and \$1,827 for a new copier for the main library

## Paredes is 11th dean from page 1

and began her four-year term on January 1, 2004. She took over from Dr. Fernando Sanchez, Jr., her former mentor, who had served as officer-in-charge since late September.

In an update to the *Newsletter* on December 3, 2003, Dr. Divinagracia said that all department heads "will be allowed to continue until Dr. Paredes assumes office except for pediatrics" which had had no chairperson since the resignation of then head Dr. Myrna Rosel.

Dr. Tungol-Paredes hails from Cagayan de Oro City, married to Salvador Paredes, mother to a son and four daughters one of whom is a UERMMMC '01 alumna. She obtained her undergraduate degree in pre-medicine from U.P. in 1968, earned her postgraduate M.P.H. at Hebrew University of Jerusalem's School of Public Health & Community Medicine in 1986, a diplomate in tropical medicine and hygiene at the University of Liverpool's Incorporated School of Tropical Medicine & Hygiene also in 1986, was a British Council Fellow in 1986, scholar at the Israeli Foreign Ministry Division for International Cooperation from 1987-1988, a WHO fellow in community-based cardiovascular disease prevention & control program in China in 1995, and took advanced studies in epidemiology & biostatistics at Sweden's Korolinska Institute in 1994 and problem-based learning at the Netherlands' University of Maastricht in 2000.

At home, she was a principal investigator at the Philippine Heart Center for Asia in a large study in 1989-1990 that helped design the government's cardiovascular disease prevention program. She also helped put together the community medicine training program for medical interns at UERMMMC.

As research division head, she had supervised faculty and student research projects and organized the annual research forum every December. She also is an associate editor of the UERMMMC Journal of Health Sciences.

At the time of her appointment, she was also a full professor at St. Luke's College of Medicine.





# Constitution and By-Laws of the Foundation



(Continued from last issue, amended July 30, 2003)

## ARTICLE IV Meetings

**Section 1. Annual and Special Meetings.** An annual meeting of the Board shall be held during the first six months of each calendar year on a date designated by the Board. The Chairman of the Board, the President or any other member of the Board may call a special meeting of the Board on not less than five (5) days' notice, given by the best available technology. All meetings of the Board shall be held at such place within or without the State of New York as shall be designated in the notice of the meeting.

**Section 2. Quorum and Vote.** One-third of the members of the Board, present in person, shall constitute a quorum for the transaction of business at meetings of the Board and, except as otherwise expressly required by statute or these Bylaws, all matters shall be decided by the vote of a majority of the trustees present; but in the absence of a quorum those present at the time and place set for a meeting of the Board may take an adjournment from time to time without further notice, until a quorum shall be present.

**Section 3. Other Officers.** The members of the executive board of the Alumni Association (National) and the Chapter Presidents could also be allowed to attend meetings, participate in discussions but have no voting privilege. (Amendment now includes "officers of each chapter of the UERMMMMCMAAA, Inc. are now non-voting board members of the foundation. Editor)

**Section 4. Action Without a Meeting.** Any action required or permitted to be taken by the Board or any committee thereof may be taken without a meeting, if all members of the Board or the Committee consent in writing to the adoption of a resolution authorizing the action. The resolution and the written consents thereto by the members of the Board or such committee shall be filed with the minutes of the proceedings of the Board or of such committee.

**Section 5. Participation by Telephone.** Any one or more members of the Board or of a Committee thereof may participate in a meeting of the Board or the committee by means of a conference telephone or similar communications equipment allowing all persons participating in the meeting to hear each other at the same time. Participation by such means shall constitute presence in person at the meeting.

**Section 6. Annual Report.** At the annual meeting of the Board, the President and Treasurer shall, pursuant to the provisions of the New York Not-For-Profit Corporation Law, present a report, verified by the President and Treasurer or by a majority of the trustees or certified by an independent public or certified accountant or a firm of such accountants selected by the Board, showing: (a) The assets and liabilities, including trust funds, of the Corporation as of the end of the calendar year preceding the date of such meeting; (b) The principal changes in the assets and liabilities, including trust funds of the Corporation, during such calendar year; (c) The revenue or receipts of the corporation, both restricted and unrestricted to particular purposes, during such calendar year; and (d) The expenses or disbursements of the Corporation, for both general and restricted purposes, during such calendar year. Such report shall be filed with the records of the Corporation and either an abstract or copy thereof entered in the minutes of the proceedings of the annual meeting.

The chairpersons of all standing committees shall submit their reports at the annual meeting of the Board. The chairpersons of *ad hoc* committees shall submit their reports at the annual meeting of the Board as necessary.

## ARTICLE V Committees

**Section 1. Executive Committee.** The Board may, by resolution of a majority of the entire Board, create an Executive Committee which shall consist of at least three trustees, as the Board from time to time shall provide. Between meetings of the Board, the Executive Committee shall have and may exercise all of the powers of the Board. However the Executive Committee shall not have authority to: (1) fill vacancies in the Board or any committee; (2) fix compensation of the trustees for serving on the Board or on any committee; (3) amend or repeal the Bylaws or adopt new Bylaws; or (4) amend or repeal any resolution of the Board which by its terms shall not be so amendable or repealable. Any action taken by the Executive Committee between meetings of the Board shall be reported to the Board at its next meeting.

**Section 2. Audit Committee.** The Board shall appoint an Audit committee consisting of the President, the Treasurer and two other trustees. The Audit Committee shall recommend an auditor for the Corporation to be appointed by the Board, shall define the scope of the audit to be performed, and shall review the annual financial statements of the Corporation prior to their submissions to the Board. The Audit Committee may examine and consider such other matters relating to the financial affairs of the Corporation as the Committee deems desirable.

**Section 3. Standing Committees.** The standing committees shall be the following: (1) Executive, (2) Audit and Ethics, (3) Constitution & Bylaws, (4) Library & Shared Educational Materials, (5) Finance, Budget & Investment, (6) Fundraising, (7) Scholarship, (8) Conferences & Memorial Lectures, (9) Adopt, (10) Wish List, (11) Faculty Development, (12) Residents Award, (13) Community Service, (14) Recycling for Charity.

Continued next issue

### Alumni Foundation Newsletter

Official publication of the UERMMMM Alumni Foundation USA, Inc., published once a year in Plano, Texas

Samuel A. Piga, M.D., Editor  
Naomi C. Piga, M.D., Editorial Assistant, Design & Layout

Editorial Advisory Board: Bayani Elma, M.D., Conrad J.R. Miranda IV M.D., Renato Querubin, M.D., Dekiam Ong, M.D., Rolando Mendoza, M.D., Isabelita B. Casibang, M.D., Elmer Gilo, M.D., and Roy Baldomero, M.D.

Send correspondences, articles, photos, and requests for circulation to: 3105 W 15th St., Suite E, Plano, Texas 75075, phone (469) 467-9755, fax (972) 599-7877 email [sapigamd@earthlink.net](mailto:sapigamd@earthlink.net). Photos unless otherwise requested will be kept on file.

# From the Chairman's Desk

By Bayani B Elma, M D

*"I do the best I know the very best I can,  
and I mean to keep on doing it until the end."  
Abraham Lincoln*

Having been associated with the UERMMMC Alumni Association and Foundation for many years and as past trustee/director of a large community hospital will help me immensely as Chairman of the UERMMMC Alumni foundation, USA, Inc. for 2003-2006. I learned from George Santayana's advice, "*History repeats itself and those who ignore its lessons are bound to repeat them*" and what Thomas Edison said "*I have not failed. I've just found 1,000 ways that won't work.*"

Each day as physicians, we are confronted with difficult decisions involving business (running our practices), law (HIPAA as an example) and demographics. For these reasons, we are finding it difficult to keep the internal pressures from affecting our personal and professional lives, our families, our patients and our staffs. Experiencing it personally, my attitudes changed so I could make responsible decisions in adjusting to life's harsh realities and be ready to deal with the ramifications of the situations from the medical, business and emotional perspectives. Hence, my personal philosophy in running the Foundation will be rational, not confrontational; majority rules, not dictatorial; and the power and persuasion of compromise. *Accept and adapt. There is nothing in this world constant but inconstancy.*" These words of the 18th century author Jonathan Swift still ring true today. In every meeting there will be a munificent share of people, knowingly or unknowingly, who will utter caustic or disputatious remarks. It is to be expected in an unctuous organization like the Foundation. I have learned to bounce off their wry earthly words off my chest or roll my eyes like Mugwumps on a closet of jumping cuckoo clocks.

My fellow alumni, over the years I have followed two dicta in going through the vicissitudes of life: (one) the secret of happy living is not to do what you like but to like what you do; and (two) little decisions should be made with your head and big decisions with your heart. These dicta will continue to guide me in my 3-year tenure as Chairman of the Board

# 4th Leadership

## Goals and Strategies

*The Chairman chose the following items in the Foundation's current goals and strategies as the key points of emphasis during his administration and presented them at the Workshop. Editor*

### GOAL 1. Enhance UERMMMC Medical Foundation Image, Visibility and Recognition

#### Strategies

#### 1.5 Increase liaison with the Medical Center, College of Medicine and U.E. Board of Trustees

\*Annual on-site visit of the Medical Center Colleges, Hospital and Community it serves

\*Meetings with the Chairman of the UERM Board and President of the Medical Center, the Deans of the Colleges of Medicine, Physical Therapy, Chairman and Faculty Staff of each department

\*Meetings with the President of the Alumni Association, Philippines and Chairman of the Alumni and Friends Foundation in the Philippines.

*For all of the above, we need to set a definite week and month every year similar to what the JCAHO in the U.S. does, to enable the people involved in the on-site survey to prepare all the necessary documents and their schedules for that calendar year*

#### 1.6 Strengthen relationship, integrate effort, and work closely with the Alumni Association, other organizations and donors

*The Executive Committees of the Alumni Foundation, USA and the Alumni Association of America should meet before and after the Annual Convention and Reunion in a collegial*

of Trustees of the Foundation. My fervent wish is for ALL ALUMNI to follow the tenet of Helen Keller, "*I am only one. But I still am one. I cannot do everything, but still I can do something. I will not refuse to do something I can do.*"

Thank you for all your donations to the Foundation.

*Atmosphere and warm alumni bonding to discuss perceived difficulties, differences in opinions and managerial styles and honest intentions on how to make both the Foundation and Association more efficient in their missions to the alumni and Medical Center*

### GOAL 2. Promote Quality Management Practice of the Foundation

#### Strategies

#### 2.1 Contribute to the development and validation of guidelines/parameters for an efficient and effective function of the Foundation

*In this regard, I would like to request the chairpersons of each Foundation standing committee to prepare a quarterly report and assessment of their activities, if any, starting January to March, 2004. This report will also serve as a way of evaluating the performances of the officers and members of the Board of Trustees of the Foundation as expressed lacking by the Audit Committee of the Foundation in its last 2 reports.*

#### 2.1 Develop Policy and Procedure Manual, compile written protocols and guidelines presently implemented by the Foundation, establish written policies and procedures on pertinent Foundation activities

*The UERMMMC Alumni Foundation Manual of Policies, Procedures, Protocols and Guidelines is in the process of being assembled and categorized under various headings Governance, Finance, Project Programs, etc. for distribution to the officers and members of the Board of Trustees on August 5-7, 2004 during the Annual Convention and Reunion.*

### GOAL 3. Enhance Educational and Informational Programs

#### Strategies

#### 3.5 Develop and promote report, publications, and information networks to emphasize goals and accomplishments of the Foundation

*The current Chairman of the Board of Trustees is also in the process of putting together an ANNUAL REPORT FOR 2003*

# Workshop, NJ

## Continued from page 20

administration's budget (see box in this page).

The meeting got underway at 8:30 a.m. with a welcome address from Dr. Conrad Miranda, IV foundation president. Then Dr. Benjamin Rigor, past alumni association president, led off with *Ethical Responsibilities of the Board of Trustees and Issues in the Use of E-Mail Technology* followed by foundation treasurer Dr. Elmer Gillo's *New Accounting and Reporting Standards for Non-Profit Organizations. What You Need to Know* and assistant secretary Dr. Isabelita B. Casibang's *How and When Discussions & Decisions of the Board Be Accessible to Others*. After the morning break, Dr. Dekiam Ong, foundation vice-president, discussed *Marketing, Research & Data Collection*, followed by foundation vice-chairman Dr. Renato Querubin's *Risk Management* and former foundation chairman Dr. El Castro's *Fund Raising Strategies & Tax Implications & Resources Available in Websites*.

After lunch, Dr. Conrad Miranda elaborated on the goals and strategic plan of the foundation (see page 10 & this page). Then new foundation chairman Dr. Bayani Elma presented his administration's first budget which was adopted with minor revisions by a vote of 13 from the trustees present. Dr. Rolando Mendoza, foundation secretary gave the day's closing remarks.

Participants of the workshop came away with a clearer and useful understanding of the workings of the foundation, many calling it a "productive" meeting. Alumni sources are mulling over the idea of holding such an event at next August's alumni convention and reunion in Chicago to encourage participation from more, younger, and up and coming leaders. In fact, convention planners are already allocating the venue for such a gathering.

The event's planning committee was headed by Mrs. Amuerfina T Castro, past foundation secretary, and Dr. Roy Baldomero, foundation assistant treasurer.

with bar graphs, tables and pictures (similar to the Annual Reports published by the UERMMMC) in a magazine format to highlight the accomplishments, current and future project programs; highlight the donors, medical classes/batches; and current and future fundraisings of the Foundation. In this regard, I would like to request a passport-size picture, black and white, from every officer and member of the Board of Trustees. This Annual Report will serve 2 purposes: for information and advertisement to all alumni, non-alumni and the general public and as a credible evidence to U.S. IRS that the Foundation is satisfying one of the requirements of a 501 (C3) charitable organization.

## Annual Budget, 2003-2004

### Project Programs

1. Student Scholarship Awards
    - a. Partial Tuition Grant
      - 12 awards, \$500 per awardee, 4 from each of 2nd, 3rd & 4th year medicine classes, to be awarded in the 2nd sem. \$6,000
    - b. Academic Excellence
      - 30 recipients, \$50 per awardee, 10 from each of 2nd, 3rd & 4th year classes. \$1,500
    - c. Book Scholars
      - 63 recipients from 63 donors, \$125 per. \$7,875
  2. Residents Awards
    - a. Best Resident Award given to the best resident in CARES (clinical, administration, research, education & service to the community). \$200
    - b. Service Award -given to all graduating residents and fellows. \$200
  3. Faculty Development
    - a. Educational Grants for Master Degree in Education \$500
    - b. Travel Grants \$500
    - c. Dean Esperanza Lansang Basic Science Award \$500
    - d. Dean Joven Cuanang Clinical Science Award \$500
  4. Conferences
    - a. 4 Memorial Lectures \$1,200
    - b. Postgraduate Course \$600
  5. Research
    - a. Dean Fernando Sanchez Research & Publication Award given to 10 best research papers by a student, resident, faculty presented in the Annual Research Forums \$425
  6. Community Service Program
    - a. Community Service Award given to student, resident, faculty or department which has shown exemplary community service as recognized by the government, community or the medical center \$500
    - b. Community Outreach
      - Antipolo Health Screening \$500
  7. Library
    - a. Main Library purchase of books and medical journals \$1,000
    - b. Departmental Library donations in kind
  8. Out-Patient Department
    - Purchase of screening materials such as urine and blood for diabetes, anemia, UTI, etc. \$1,000
  9. Medical Student Council
    - Computer/Printer \$500
  10. Wish List \$5,000 (estimate)
  12. Donations-In-Kind
    - Recycling for Charity and Share Educational Materials \$30,000 (estimate)
  13. Physical Therapy Scholarship \$200
  14. Full Scholarship for Dr. Arriola for 2003 and 2004 \$7,000
- TOTAL PROGRAM COST \$65,700

### Operating/Administrative Expenses

1. Mailing & Stamps \$500
2. Xerox Copy & Reports
  - a. Manuals (25) 500
  - b. Annual reports (300) 1,000

3. Accounting Fee	1,000
4. NY State tax preparation	2,000
5. Meeting expenses	2,000
6. Office supplies	500
7. Publication & mailing	2,000
8. Bank charges	50
9. Cash reserve/discretionary	5,000
10. Brochure/fund raising	2,000
TOTAL ADMIN. EXPENSES	\$ 16,550
TOTAL BUDGET PROPOSAL	\$ 82,250

Approved by the Board of Trustees on 11/22/2003



# from our mailbag

Letters to the alumni foundation may be sent by mail, e-mail, or fax.. They are then forwarded to the officer(s) who can best answer them. Please include your college, year of graduation and home/office number(s). No anonymous letters please. Thank you.. Editor.

## From the UERMMM Campus

(This letter was sent to Dr El Castro in May, 2003. Dr Castro communicated his response to then Dean Erlinda Valdellon. Editor)

My name is Christian Michael H. Pawhay. I went by the scholarship committee office this morning and was told that my application was denied and that they were only able to approve one student for the foundation scholarship. I'm trying to set a meeting with the dean today to discuss some proposals that she gave via Jimmy Dumlao but as of press time I'm not yet able to talk to her. Anyway I'll inform you of whatever transpires during our meeting. Thank you and God bless.

Chris (kazmut@yahoo.com)

Dear Linda,

Attached is the communication from Chris, an applicant for scholarship funding of the alumni foundation. His full name is Christian Michael Pawhay.

I am very much concerned about the fact that the scholarship committee of the college is granting the funding only to one scholar. Please be reminded that the number of recipients for the tuition fee scholarship should be 12 students and for the book scholarship should be 65 students. I have discussed the matter with you during my visit and apparently it is not being implemented by the scholarship committee that you appointed. I deeply regret that this is happening again. Please be informed that such practice is a violation of what was approved by the board of trustees when I presented my report and budget.. Such would tarnish my accountability. Please inform the Scholarship Committee that if they are not going to follow the process indicated in the Terms of the Award, we are not going to remit the funds at all. Inform the committee to refer to the article published in the recent issue of the Mediscope page 22. I do hope that they would comprehend the significance of complying.

I am grateful for the feedback of students. It is another way for the foundation to track and monitor the proper implementation of our projects. Best regards. I will be looking forward to

hearing from you.

El B. Castro, M.D., Chairman '63

## From the Department of Neuroscience

(Following is an edited exchange in May, 2003 between Drs. Rene Punsalan, UERMMM's Head of Neuroscience and Chairman of the Library Committee and Dekiam Ong, Vice-President and Chairman of the Committee on Library & Shared Educational Materials of the alumni foundation. Editor)

I would like to inform you that I have just been promoted to Chair of the Library Committee of the College of Medicine. Under me are the chairs of the library committees of the Colleges of Medicine, Nursing & P T We meet regularly every month. With this, networking with diferent departments is complete. We are also streamlining the operations of the library. Some of our projects are: 1) procurement of new books to replace old ones (ongoing), 2) electronic journal subscription is still under study (I still feel we should resume hard copy subscriptions until the former is well in place), 3) creation of a documentation section to record clinical materials from the hospital which can be part of the library collection, 4) procurement of teaching CDs, 5) installation of 4 computers in the main library with internet access, in addition to 40 ones already in the Cyberlibrary (done).

With you on the other side of the world, I'm sure we can accomplish a lot for the library of our dear *alma mater*. Will the alumni be willing to support the library development programs of individual departments as well?

Rene Punsalan, M.D. '77

Congratulations on your new position. The USA alumni foundation's library committee had established an email linkage with Marlon Lacsamana (former chief librarian). We have already received the first request from him for funding to computerize the library.

I'm glad you agree to streamline the request process for the entire medical center for teaching materials. This will make it easier for the librarian to make funding requests. I suggested a midterm & end of year meetings between Marlon and department heads so all requests for teaching materials are put in proper request forms and sent to the library committee here before the end of calendar year to give us time to order and ship them to you

I don't see why the alumni here cannot support departmental libraries for specialty textbooks which can also be used by students, clerks and interns beyond the "general texts" available at the main library. So far since 2002, the library committee has provided 2 textbooks for psychiatry and 4 for OB-GYN. We have also a group of radiologist alumni here that has funded textbooks for the Department of Radiology every year

Dekiam Ong, M.D. '67

## From the Library Committee

(This is an edited version of the report given at the leadership workshop last November 2003. Editor)

I made 3 trips to UERMMM in 2003. The first was on September 29th. Dr. Valdellon was with me. First stop was the library. We met Ms. Raissa Ocaya, acting chief librarian, who showed me the 5 computers and 2 network printers bought with \$5000 funding from the alumni foundation. The CD writer and 3 bar code scanners were on back order. She also gave me Xerox copies of accountability receipts for the computers & printers. I was shown the old Xerox copier which, I was told, needed a larger capacity and replacement. While there, I also met Jimmy Dumlao, president of the Medical Student Council who had asked me about the status of the MSC's request for new computer and printer and upgrading of its office's floor and sofa. The request had been forward by Dr. Valdellon during the annual meeting. I told him that I will bring the matter up with the foundation. I didn't get to meet with Dr. Sanchez and Dr. Rene Punsalan who were out of their offices at the time.

Next was on October 6th and arranged with my classmate Dr. Leonardo Almeda, head of OB-GYN. I joined the departmental rounds at the charity wards that morning. Two textbooks funded by the foundation were shown and acknowledged by Dr. Almeda. From there, I met with Dr. Fernando Sanchez. We talked about buying new textbooks available in the Philippines, internet journal subscriptions, foundation funding of textbooks not available in the Philippines for the main library first before individual de-

## .. mailbag

partments, and the need for new clinical skills lab models to replace the now worn out ones. About the models, we agreed that since Dr. Ben Rigor has been getting them all along, I will give him this information. About the old Xerox copier in the library, Dr. Sanchez said that the Center could replace it through its own budget. Before I left, I noticed a newly arrived *balikbayan* box containing textbooks and journals from my classmate Dr. Iluminado Ortanez. I asked Ms. Ocaya to provide me with acknowledgement receipts for all the textbook and journals donated by USA alumni on my next visit.

My third visit was on October 10th. Ms. Aurora Tumbago, assistant chief librarian gave me the receipts I had asked. I saw receipts as recently as October 8. The recent donations came from Dr. Victor O'Yek, a member of this committee, Drs. Ethelinda Tolod, T. K. Potti, and Jose Chua. Ms. Ocaya gave me the floor plan of the future library and a project proposal entitled "The Library and Beyond: Continuing Professional Education for UERMMMCM Library Staff" written by herself and information about internet medical journal subscription.

I met Dr. Punsalan at noon. Our discussion centered around (1) resumption of medical journal subscriptions which were discontinued in the late 90's, (2) project study on internet journal subscription starting with one journal first, and (3) allocation of money for library needs for textbooks and journals from the Budget Committee. Currently, there is no amount set aside for the library.

Dekiam Ong, M.D., '67

# Ask the Foundation

by El B. Castro, M.D.



### Did the UERMMMCM Alumni Foundation ever publish an annual report to donors and the public since it was founded 22 years ago in 1981?

Yes. The foundation has published annual reports since 1982 up to the present for donors and the public to investigate. The Taxpayers Bill of Rights signed by President Clinton in July 1996 requires each charitable non-profit organization to file IRS Form 990 annually and that it should be accessible for public inspection. The purposes of this law are: to punish individuals affiliated with charities and social welfare organizations who participate in financial abuse; to provide the government with financial sanction other than revoking the organization's tax exempt status; to require the organization to make its Form 990 accessible for public inspection; and to require the organization to file annually Form 990 if its gross income is \$25,000 or more.

The foundation has complied with this requirement since 1982 even prior to the law of 1996. In fact, it had even filed annually when its income was less than \$25,000. The Form 990 of the foundation has been published in the internet since 1997. The foundation is not required by law to show its Form 990 in person or in writing since it already publishes it at [www.guidestar.com](http://www.guidestar.com) for the public to see.

The UERMMMCM Alumni Foundation USA, Inc. has been in compliance with all federal and state reporting regulations even before the Taxpayers Bill of Rights. Any person, donor or non-donor may request for Form 990 and IRS Letter of Determination from the chairman, president or treasurer. See the roster is page 19-20 for their names and addresses.

### Do you publish the names of donors annually?

The publication of the names of donors annually is the best method for a small non-profit organization like this foundation to establish good public relation and build its image. It is not required by law.

The foundation has always desired that its donors and the public be informed. However, it has not consistently followed this policy annually because of budgetary and financial constraints. Furthermore, the number of donors per year has been very small. Out of 8,500 alumni since 1961, about 3,000 to 4,000 are in the U.S. From 1999 to 2002 (past four years), only 163 or 0.5% in four years (0.125% a year) had donated to the foundation.

### What are your criteria in selecting or voting in non-medical alumni persons as officers or members of the board of trustees? Do you follow nominating committee or ethical guidelines for non-profits in doing so?

The foundation is registered in the State of New York which allows any person 18 years of age or older to serve as a board trustee as long as he is willing, has the time and skills to serve.

Article VII, Section 6 of our Constitution and By-Laws (Qualification of Officers) provides that "It is not necessary that a nominee be a medical alumni. Other community leaders who could be assets to the Foundation could be elected as officers and members of the Board of Trustees."

Historically, three of the seven original board members who signed the articles of incorporation were not alumni. Since the foundation has no membership, it has relied on the alumni and officers of the alumni association for nominations for board members.

Anyone who has time, the will to serve and abilities to help the

Foundation accomplish its mission, goals and objectives may apply for board of committee membership. We only require that an application form be filled out and submitted with the his/her curriculum vitae and statement of commitment to serve. Those interested may inquire from the president or the secretary.

### Do you publish audited financial statement for last year and financial report for the current year to see how the foundation spends donors' money?

Yes, the foundation published one that was audited by a C.P.A. last year.

As mentioned earlier, the law requires that charitable organizations file Form 990 annually and the foundation has been in compliance since its inception.

There are 2 types of audit, internal and external. New York State requires the Board of Trustees to conduct an audit with or without the help of an audit committee depending of the organization's structure. The alumni foundation has an audit committee which has not been fully functional. However, the board, as a whole, has done its best to make sure that there is no financial abuse, misappropriation of funds or personal financial gain by officers of board members.

Federal law requires that any charitable organization must have an external audit by a certified accountant if the gross income of such an entity is at least \$150,000. The foundation has complied with this rule even though its gross income had been less than \$100,000 and in many years less than \$25,000.

# Confessions of the Balikbayan Box King

by Senen Siasoco, M.D.

Start with the container.

The next time you're at your friendly neighborhood Pinoy deli, shopping for your *Datu Puti Sukang Paombong* (the secret ingredient of your *nanay's* world famous *adobo* recipe), tell Mang Kiko as he scans your platinum card that you also want a *Balikbayan* box.

I'm sure you know what The Box is. They're those 16" x 17" x 29" (all sizes are approximate, geometry/math has always been my Waterloo) corrugated cardboard *kahons* that you use to ship *pasalubongs* back home. Kiki might charge you a couple of bucks extra but they're worth it. Remember the old Pampers (or in our case, Depends) carton? They're not durable enough so don't be *kuripot* and just shell out the dough.

When you get home, assemble the box. Duct tape the bottom (I'll tell you why in a few minutes). Stash it someplace convenient in my case The Box vegetates in the garage. I walk past it everyday as I come home from work. None of the Box's stuff ever gets into the house. Materiel destined for the box is chucked in there as soon as I walk through the door.

The Accumulation Phase may seem forever. I've posted signs all over the OR explaining my Cause. Everyone in the hospital knows that it they are disposing of something/anything that may be usable/reusable in the Third World, Doctor Siasoco in Anesthesia will recycle it

Emesis basins, 4 x 4 lap sponges, opened but unused sterile glove, hypo needles. I could go on and on and on we waste so much in this country! When we upgraded our OR Monitors/anesthesia machines, I was tempted to take a couple home but I couldn't figure out how to make them fit in The Box. Remember, the Box has no weight requirements (hence the duct tape) as they are loaded in containers and shipped over water.

Books are a passion of *moi*. I check the yellow pages for "bookstores" wherever we are out of town and set aside an afternoon for browsing (allergy to *alibok* notwithstanding). Aside from *Filipiniana*, I look for medical-related texts and have come across tons of literature that I believe a Pinoy med student could avail of. If the stuff is current (10 years old is my cut-off), or classic (e.g., Listening to Prozac), I buy it and after my perusal, it's into The Box. When I purchase a new edition of my specialty text, the old one goes to the garage (my colleagues route their volumes my way too).

Mrs. Loretta G. Bautista, UERMMMC head librarian, are you still there? (*She is no longer there. Editor*). I have been sending you stuff for maybe the past ten years. Last time I visited Santa Mesa I recall she led me to a whole rack dedicated to Siasokosky's donations.

I also collected CDs, videos, tapes and software, anything educational from conferences attended. Drug reps have donated texts, also CDs and tapes. The Computer Lab in the old dentistry building now called Cuyegkeng Center is a favored haunt for the students they would love the computer you just abandoned for the latest Pentiumatchingamajig.

If all this appears to be the UERM version of *ukay-ukay* (the Filipino flea market), it certainly is. You have to give credit to the Pinoy ingenuity, send them your stuff and let them sift through it, remember one man's trash is another man's treasure. It is not just the school that is benefiting from your donation, some of your goodwill may be channeled to the charity wards.

OK, so we've gone through the accumulation phase, let's get to the nitty gritty. Here's what to do when The Box is all stuffed

Inventory. Make a list. Cc a copy to the US Alumni Foundation. I sent my list to: El Castro, M.D., UERM Alumni Foundation, 9 Mimosa Lane, Piscataway, NJ 08854. El will reply to you with a letter for your accountant (tax-deductible you know). Enclose a copy of the list in The Box so that when they receive it in QC, their list jibes with yours. UERM will also send you a copy and receipt when they receive The Box, complete with auditor's very official-looking signature.

Seal The Box. More duct tape, plus a couple of loops of strapping tape to strengthen The Box for its long trip. Address it to the: UERMMMC Office of the Dean, Aurora Blvd., QC, Philippines. I put Doctora Valdellon's name on the box she has been gracious enough to reply (Attn: **Dra. Georgina Paredes na ngayon**).

Now for the hardest part, shipping the !@#\$%^&\* box (the thing may weigh a couple of tons, watch your back!). Menchu (my roommate/best friend/master & commander) and I do not go out of our way to mail it we look for a meeting in Chicago so the trip is IRS tax-deductible. Do not use the Post Office, they will charge you an arm and a leg. Living in the Wisconsin boonies, you'd expect Brown (i.e. FedEx) would be the way to ship. No way. Our solution is **PhilCon Inc.**, dial 800-246-1439 for directions they're adjacent to O'Hare. We've dealt with these guys for the past decade and have never lost a package (yet). They have "connections" with Pinoy customs and are "licensed" (as in Ray Langit) brokers. For the paltry sum of about \$80 (think dinner and a movie), they will deliver the whole kit and caboodle to Ye Ole Alma Mata de Santa Mesa in about three months. What a deal, huh!?

Homily's over, let's get packing (*Dr Siasoco '75 is The Alumni Newsletter's Assistant Editor*)



Chicago Host Committee led by Dr Manny Blas, Chapter President, National Veep Dr Susan P. Suntay, and National Treasurer Dr Sonia R. Todd



# Convention Announcements

## Chicago: Making a Difference!



by Susan Perez-Suntay, M.D.  
UERMMMMCMAAA, Inc. Vice-President  
Overall Chicago Convention Chair

The Midwest Chapter of the UERMMMC Medical Alumni Association in America, Inc. would like to invite all of you to the 16th Annual Alumni Convention & Reunion and 23rd Alumni Foundation Meeting at the Chicago Marriott Downtown on August 5-7, 2004 and enjoy Oprah's pride and joy, the real feeling of the "Windy City"

The different Midwest Chapter Convention Committees are working very hard to make sure everything necessary is there to make it a memorable reunion for all our fellow alumni. The compassionate and inspiring leadership of our hosts, the Chapter President, Dr. Manny Blas, will surely uplift your alumni spirits.

We started off by making sure that you get the best deal in hotel rooms and dinner rates. Marriott Downtown is in a prime location at the "Magnificent Mile" next door to the Nordstrom Mall, a few blocks away from the "Water Tower" Shopping Center and a walking distance to the Navy Pier and the museums. And a lot of shopping galore. We planned the best for all of you!

But we are also challenging each of you to change focus away from ourselves when we get together during that weekend. When we do so, perhaps we can dig deeper into our pockets to give back to our *alma mater* which is in dire need of our financial assistance. Let us welcome and meet our new dean, Dr. Georgina T Paredes, with warm greetings and send her back home with our open hearts and grateful donations to keep UERMMMC strong. We can all "make a difference" by sharing our blessings with our less fortunate "*kababayans*" we left behind our beloved homeland and *alma mater*

Please take advantage of our early hotel reservation group rates of \$149/night (deadline on July 15, 2004) and the pre-registration discount of \$50/person (deadline on June 15, 2004). We have published all necessary information and reservation details on our website [www.uerm.org](http://www.uerm.org) and alumni association and foundation newsletters. For more information, please feel free to contact Dr. Manny Blas at [MBLASCAP@aol.com](mailto:MBLASCAP@aol.com), phone (630) 986-8283 or myself at [spuntay@yahoo.com](mailto:spuntay@yahoo.com) phone (402) 201-8083 (125 Arielle Ct. # B, Willamsville, NY 14221 1966).

I am privileged and honored to invite all our alumni, their families and friends. We hope to see all of you in the gorgeous "Windy City," CHICAGO!

### SCHEDULE OF ACTIVITIES Marriott Chicago Downtown Hotel

#### Wednesday, August 4, 2004

9:00 AM - 4:00 PM Alumni Foundation Annual Meeting & Leadership Workshop, 5th floor

#### Thursday, August 5, 2004

6:30 AM - 4:00 PM Golf (Harborside International Golf Center)

12:00 N - 6:00 PM Registration 5th floor

6:00 PM - 12 MN Welcome/Fellowship Night, 5th floor

#### Friday, August 6, 2004

7:00 AM - 8:00 AM Continental Breakfast (Ballroom, 5th Floor)

7:00 AM - 4:30 PM Registration, Exhibits, Silent Auction

8:00 AM - 5:00 PM Continuing Medical Education (Medical & Surgical Advances, 8 hrs., Category 1), raffle at end of CME

12:00 PM - 1:00 PM Cuyegkeng Memorial Lecture (lunch provided)

6:30 PM - 1:00 AM The 70's Jubilarians' Nite hosted by the Silver Jubilarian Class '79. All classes welcome (must register and reserve)

#### Saturday, August 7, 2004

7:00 AM - 8:00 AM Continental Breakfast, 5th floor

8:00 AM - 12:00 N General Alumni Meeting (ratification of CBL amendments, reports from Dean Paredes, Chairman Elma of the foundation, & President Rastrollo of the alumni association, election of new association officers, wish list auction)

12:00 N - 1:00 PM Lunch on your own

1:00 PM - 4:00 PM Alumni Association Executive Council Meeting

6:30 PM - 7:30 PM Cocktail, 6th floor

7:30 PM - 12:30 AM Gala Banquet Dinner/Dance Night, Installation of New Alumni Association Officers

### Hotel Reservation

Chicago Marriott Downtown Hotel  
540 North Michigan Avenue  
Chicago, Illinois 60611

Code Name UERM

Reservation Tel No. (800) 228-9290 or (312) 836-0100, guest fax (312) 836-6139 or sales fax (312) 245-6929.

Reservations are now being taken. When you call the hotel, just mention the group code to get the \$149 per night rate. **Deadline is July 15, 2004**

We have blocked rooms for August 5-7 2004. The hotel will honor the same rate of \$149 per night for the preceding and/or succeeding 1-2 days of our blocked dates. Please make your reservations early (there's **no** penalty for reserving early) so if we have to block more rooms for our group, the Midwest convention committee would be able to negotiate for the same rate.

Located along the city's famous Magnificent Mile shopping and business districts, the hotel boasts of 1192 guest rooms and 25 suites, full amenities including indoor pool, whirlpool health club, steam room & sauna, large ballrooms, 49 meeting rooms, 38 small to medium-sized meeting rooms, dining places, etc. It is easily accessible to O'Hare and Midway airports and near the city's main attractions.

**16th Annual Convention and Reunion**  
**UERMMMCMAAA, INC. & UERMMMC ALUMNI**  
**FOUNDATION, USA, INC.**  
**Chicago, Illinois**  
**August 4-7, 2004**

**Events Registration Form (Fee per person)**

NAME \_\_\_\_\_ Yr of Graduation \_\_\_\_\_  
 MAIDEN NAME (for married female alumni) \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ (Home or Office?) \_\_\_\_\_  
 TEL: (H) \_\_\_\_\_ FAX \_\_\_\_\_  
 (O) \_\_\_\_\_ FAX \_\_\_\_\_  
 (CP) \_\_\_\_\_ PAGER \_\_\_\_\_  
 E-MAIL: (H) \_\_\_\_\_ (O) \_\_\_\_\_

**REGISTRATION**

Reminder: On-site registration is welcome but will be charged a fee of \$50 in addition to the amounts listed below. Please pre-register before the June 15, 2004 deadline. This form is also available on line at [www.uermalumni.org](http://www.uermalumni.org).

**Professional Events**

- CME Attendees  
 Registration (includes 8 hours of AMA Category 1 CME credit, Cuyegkeng Memorial Luncheon, and Welcome/Fellowship Night, and full registration) (\$300)  
 (Please specify entrée: meat\_\_\_\_, fish\_\_\_\_, or vegetarian\_\_\_\_) ( ) \$ \_\_\_\_\_
- Non-CME Alumni Attendees  
 One-day event registration \$50/day x ( ) days ( ) \$ \_\_\_\_\_  
 Cuyegkeng Memorial Lecture Luncheon (\$50) ( ) \$ \_\_\_\_\_  
 (Please specify entrée: meat\_\_\_\_, fish\_\_\_\_, or vegetarian\_\_\_\_)
- Membership Dues  
 Required Annual Membership (\$50) ( ) \$ \_\_\_\_\_  
 Lifetime Membership (highly encouraged) (\$500) ( ) \$ \_\_\_\_\_

**Social Events**

- Golf Tournament, Thursday, August 5, 2004, Harborside International Golf Center \$150/person x ( ) persons ( ) \$ \_\_\_\_\_  
 Contact Person: Norman Aliga, M.D., (630) 510-0338  
 Email: [Baccarra@comcast.net](mailto:Baccarra@comcast.net)
  - Welcome/Fellowship Party \$60/person x ( ) persons ( ) \$ \_\_\_\_\_  
 (Please specify entrée: meat\_\_\_\_, fish\_\_\_\_, or vegetarian\_\_\_\_)
  - Guest luncheon tickets \$50/person x ( ) guests ( ) \$ \_\_\_\_\_  
 (Please specify entrée: meat\_\_\_\_, fish\_\_\_\_, or vegetarian\_\_\_\_)
  - The 70's Class Night, Friday, August 6, 2004  
 (Meat\_\_\_\_, fish\_\_\_\_, or veggie\_\_\_\_) \$60/person x ( ) persons ( ) \$ \_\_\_\_\_
  - Gala Dinner Dance, Saturday, August 7, 2004  
 (Meat\_\_\_\_, fish\_\_\_\_, or veggie\_\_\_\_) \$150/person x ( ) persons ( ) \$ \_\_\_\_\_
- T O T A L \$ \_\_\_\_\_

Name (s) of guest (s) \_\_\_\_\_

Please fill out this form, make your check payable to **UERMMMCMAAA, Inc.** and send to: **Manuel P Blas, M.D.**, 1812 N. Broadway, Suite 1, Melrose Park, IL 60160. Phone (708) 865-0200, fax (708) 865-0111, email [mblascap@aol.com](mailto:mblascap@aol.com).

For more information, please contact **Susan Perez-Suntay, M.D.**, Overall Convention Chair, (402) 201-8083, email [spsuntay@yahoo.com](mailto:spsuntay@yahoo.com).  
**(You may cut out or copy this form for your convenience.)**

**SOUVENIR PROGRAM ORDER**  
**16TH ANNUAL CONVENTION & REUNION**  
**UERMMMCMAAA, INC. AND**  
**UERMMMC ALUMNI FOUNDATION,**  
**USA, INC.**

Chicago Marriott Downtown Hotel  
 Chicago, Illinois, August 4-7 2004

Please include my Name or Company, \_\_\_\_\_ with address at \_\_\_\_\_ in the 16th Reunion & Convention Souvenir Program Journal.

**1 Donor Listing**

- |               |              |
|---------------|--------------|
| a. Benefactor | \$1,000 & up |
| b. Sponsor    | 500-999      |
| c. Patron     | 200-499      |
| d. Donor      | 100-199      |
| e. Angel      | 25-99        |

**2. In-Kind Donation**

- a. Auction Item (s) \_\_\_\_\_  
 b. Other \_\_\_\_\_

**3. Program Advertisement**

- |                       |            |
|-----------------------|------------|
| Back Cover            | \$1,000.00 |
| Front Inside Cover    | 750.00     |
| ( ) Back Inside Cover | 600.00     |
| ( ) Full Page         | 250.00     |
| ( ) Half Page         | 150.00     |
| ( ) Quarter Page      | 100.00     |

**T O T A L** \$ \_\_\_\_\_

- ( ) Enclosed is the layout for my message (camera ready)  
 ( ) Design an appropriate message for my ad (please enclose calling card)  
 \* Add \$10.00 for colored layout.

Please return this form with a check payable to:

**UERMMMC MAAA, Inc.**  
 c/o Manuel Blas, M.D.  
 1812 Broadway, Suite 1  
 Melrose Park, IL 60160  
 Tel. (708) 865-0200  
 Fax (708) 865-0111  
 Email [mblascap@aol.com](mailto:mblascap@aol.com)

Your donation maybe tax-deductible. Please consult your accountant or tax adviser The UERMMMCMAAA, Inc. Federal Tax I.D. Number is: 52-1745846. Deadline for submission is June 15, 2004. For more information, please contact Susan P Suntay, M.D., overall convention chair at (402) 201-8083 or [spsuntay@yahoo.com](mailto:spsuntay@yahoo.com). Thank you for your support and prompt response.



Continuing Medical Education Program  
MEDICAL AND SURGICAL ADVANCES

Friday August 6, 2004, Marriott Chicago Downtown, 5th Floor Chicago, Illinois

7:00 AM 8:00 AM

Registration, Continental Breakfast, & Exhibits

8:00 AM 8:05 AM

Welcome Address Manuel P Blas, M.D.

8:05 AM 9:30 AM

Acute Coronary Syndrome: Spectrum of Care Strategies and Evidence-Based Management

Rogelio Pine, M.D., FACC

9:30 AM 9:50 AM

Coffee Break & Exhibits

9:50 AM 10:30 AM

Acute Brain Attack: Diagnostic & Therapeutic Update

Romergrko G. Geocadin, M.D.

10:30 AM 11:10 AM

Hyponatremia: What Is The Proper Rate of Correction?

Myra Chang, M.D.

11:10 AM 11:50 AM

Acute Respiratory Distress Syndrome

Maribe Bangayan M.D.

12:00 N 1:00 PM

Dr Jose Cuyegkeng Memorial Lecture

Benjamin Rigor M.D., Presiding

1:00 PM 1:50 PM

Advances in Colorectal Surgery

Constante Avecilla, M.D., FACS

1:50 PM 2:30 PM

Advances in the Management of Prostate Cancer

Michael Manyak, M.D.

2:30 PM 2:50 PM

Coffee Break & Exhibits

2:50 PM 3:30 PM

A Rational Approach to Anti-Hypertensive Therapy: An Alternative to the ALLTHAT Study

Emmanuel L. Bravo, M.D.

3:30 PM 4:10 PM

Heartburn: A Journey Into Its Pathogenesis & Current Therapeutic Options

Eugene R. Pantangco, M.D.

4:10 PM 5:00 PM

Hospital Administrator: Friend or Foe?

Renato J. Suntay MBA

Program Director & Moderator Benjamin Lumicao, M.D., FACC, FACP

**ACCREDITATION:** This program is jointly sponsored by the Philippine Medical Association of Chicago and is accredited by the Accreditation Council on Continuing Medical Education (ACCME). This program meets the criteria for 8 hours of Category 1 credit towards the AMA Physicians Recognition Award.

**FACULTY:** **Constante Avecilla, M.D., FACS, FASCRC, Emeritus** Chief, Director & Professor of Surgery, Marshfield Clinic, University of Wisconsin; **Maribe Bangayan, M.D., Pulmonologist/Intensivist**, Weiss Hospital; **Emmanuel L. Bravo, M.D., Consultant**, Department of Hypertension & Nephrology, Cleveland Clinic Foundation; **Myra L. Chang, M.D., Associate Professor & Chair**, Department of Pediatrics, Robert C. Byrd Health Sciences Center, West Virginia University; **Romergrko G. Geocadin, M.D., Assistant Professor of Neurology, Neurosurgery, & Anesthesiology Critical Care Medicine, Neuroscience Critical Care Division**, John Hopkins Medical Institutions; **Benjamin Lumicao, M.D., FACC, FACP** Assistant Professor of Medicine, Northwestern University Feinberg Medical School; **Michael Manyak, M.D., Professor & Chairman**, Department of Urology, George Washington University; **Eugene R. Pantangco, M.D., GI/Hepatology Fellow**, L.A. County Hospitals, University of Southern California; **Rogelio M. Pine, M.D., Professor of Medicine, Senior Cardiologist**, Princeton University; **Benjamin Rigor, M.D., Emeritus** Chairman & Professor of Anesthesia, University of Louisville School of Medicine; **Renato J. Suntay, MBA, Vice-President**, Kaleida Health Systems, Buffalo, New York.

Alumni Foundation Roster  
Continued from page 20

**Renato Raymundo, M.D., Member**, 209 Chestnut Circle, Bloomfield, MI 48304, (248) 540-7482; **Nely Saturno-Recano, M.D., Member**, 605 Floyd St., Englewood Cliffs, NJ 07632, phone and fax (201) 567-8469, email [Nsrecano@aol.com](mailto:Nsrecano@aol.com); **Joseph Rastrollo, M.D., Member** as current President of the UERMMMC Medical Alumni Association of American, Inc., 10835 Leolang Ave., Sunland, CA 91040, (818) 352-4345, email [Rastjeph@aol.com](mailto:Rastjeph@aol.com); **Georgina Tungol-Paredes, M.D., Dean** of the UERMMMC College of Medicine as *Ex-Officio* Member, Aurora Blvd., Q.C., Philippines, email [gtpmd2003@yahoo.com](mailto:gtpmd2003@yahoo.com).

**NON-VOTING BOARD MEETING PARTICIPANTS:** **Susan Perez-Suntay, M.D., UERMMMCMAAA, Inc.** Vice-President; **Merlyn Asuncion, M.D., UERMMMCMAAA, Inc.** Secretary; **Sonia Rico-Todd, M.D., UERMMMCMAAA, Inc.** Treasurer; **Ernesto Chua, M.D., Northern California Chapter President**; **Edgar Banez, M.D., Southern California Chapter President**; **Alex Bobila, M.D., Northeast Chapter President**; **Ric Flores, M.D., MarVaDC Chapter President.** Other chapter presidents are already trustees.

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# Appeal for the 333 Fund

by El B. Castro, M.D. '63, Former Chairman

The UERMMMC Alumni Foundation USA, Inc. was incorporated in 1981. It is an independent entity organized exclusively for charitable, educational and scientific purposes. The IRS has determined that it is an organization exempt from federal income tax under Section 501© 3. It is treated by the IRS as a public charity and not as a private foundation. Accordingly, contributions to the foundation are tax-deductible as allowed by law.

The UERMMMC Alumni Foundation was created specifically to give alumni, individuals and organizations a significant, meaningful and organized way to support the UERM Medical Center, the community it serves, and our fellowmen. The foundation has carried out this noble task since its inception.

The Board of Trustees of the UERMMMC Alumni Foundation believes that the present financial support of donors is not enough to sustain the survival of the organization and its program. In August, 2002, the Board resolved that the "333 Fund" initiated in 1995 shall function as an endowment fund. The development of this fund when fully funded will help the continuous work of the foundation.

As alumni and friends of the UERMMMC, please consider contributing to the foundation today. The special appeal form to your right identifies the various levels of support: contributor (\$25-\$99); friend (\$100-\$249); sponsor (\$250-\$499); patron (\$500-\$999); benefactor (\$1,000-\$2,499); champion (\$2,500-\$4,999); and angel (\$5,000 or more).

Individuals who cumulatively contribute \$1,000 or more from its original inception up to December 31, 2002 will be considered as members of the FOUNDERS CIRCLE and will be recognized as such. Individuals in the Founders Circle will also receive an elegant plaque for display in their office or home. Medicine classes, alumni groups, and organizations that have cumulatively contributed \$25,000 or more will also be considered as members of the Founders Circle.

Please complete the appeal form and mail it along with your donation

We hope that you will share this information with others, who like yourselves, are interested in making a lasting contribution to the UERMMMC and help it continue as one of the premier institutions of medical education and health care delivery in the Philippines.

## 333 Endowment Fund Building for the Future

Your contribution to the UERMMMC Alumni Foundation, USA, Inc. helps fund carefully screened and selected programs that support critical needs of your *Alma Mater*.

### Levels of Support for Individual Contributors

<input type="checkbox"/> Angel	\$5,000 +	
<input type="checkbox"/> Champion	\$2,500	4,999
<input type="checkbox"/> Benefactor	\$1,000	2,499
<input type="checkbox"/> Patron	\$ 500	999
<input type="checkbox"/> Sponsor	\$ 250	499
<input type="checkbox"/> Friend	\$ 100	249
<input type="checkbox"/> Contributor	\$ 25	99

I pledge the gift of \$\_\_\_\_\_ which will be paid on the following dates: 1. \_\_\_\_\_, 2. \_\_\_\_\_, 3. \_\_\_\_\_.

**Founders Circle:** Individuals with cumulative contributions of \$1,000 or more and Medicine Class, group of alumni, and organizations with cumulative contribution of \$25,000 or more will be members of the Founders Circle and will be permanently recognized.

**Tree (Wall) of Life, Tree (Wall) of Knowledge, Wall of Honor:** The Board of Trustees of the UERMMMC Alumni Foundation in collaboration with the Medical Center will create the above walls permanently in the Medical Center to recognize and thank donors for their contribution. The Tree (Wall) of Life will recognize those individuals, class, & organizations in the Founders Circle. The Tree (Wall) of Knowledge will recognize donors who contribute \$500 or more to the annual campaign. The Wall of Honor will recognize donors who contribute \$250 or more.

**I/we have enclosed my/our contribution of \$\_\_\_\_\_.** All contributions are tax-deductible to the extent allowed by law.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date: \_\_\_\_\_ Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Send all contributions to the Treasurer, Dr. Elmer Gilo, 2 Deer Run, Sparta, NJ 07871. E-mail: EGILO@attglobal.net. If you have any questions, please contact the foundation chairman or president.

Please check if you do not want to be publicly acknowledged.

### THANK YOU

UERMMMC Alumni Foundation, USA, Inc., a 501(c)3 tax exempt non-profit organization, founded on July 15, 1981 with Tax I.D. 13-3119113.

### UERMMMC ALUMNI FOUNDATION USA, INC. APPEAL 2003

PRINT NAME \_\_\_\_\_ PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Enclosed is my gift of: \_\_\_\_\_ \$100 \_\_\_\_\_ \$75 \_\_\_\_\_ \$50 \_\_\_\_\_ \$30 \_\_\_\_\_ \$Other (please specify amount)

I pledge a gift of \$\_\_\_\_\_ which will be paid on dates: #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_

Please make your check payable to: **UERMMMC Alumni Foundation USA, Inc.** All gifts are tax-deductible.

My gift will be used for:

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Scholarship Award          | <input type="checkbox"/> Publication/Research Award | <input type="checkbox"/> Basic Skills Laboratory | <input type="checkbox"/> Wish List     |
| <input type="checkbox"/> Faculty/Best Teacher Award | <input type="checkbox"/> Community Service Award    | <input type="checkbox"/> Endowment Fund          | <input type="checkbox"/> Indigent Fund |
| <input type="checkbox"/> Residency Award            | <input type="checkbox"/> Conference/Workshop        | <input type="checkbox"/> Library                 | <input type="checkbox"/> Other         |

This gift is in honor or in remembrance of: \_\_\_\_\_

Please mail this form and your check to Elmer Gilo, M.D., 2 Deer Run, Sparta, NJ 07871 **THANK YOU FOR YOUR DONATION!**

# Scholarship Recipients, 2003-2004



Book scholars with former Dean Valdellon, the late Dr. Lydia P. Tanseco, then UERMMMC scholarship committee chair, and Mrs. Amor T. Castro, alumni foundation scholarship committee chair



Department heads receiving checks for their projects.



... with the tuition fee scholars.



Scholarship recipients with Drs. Valdellon, Tanseco, & Mrs. Castro.



Left photo: then Acting Dean Sanchez and Dr. Florina Estrada, College Secretary accept checks for school projects; right photo: full tuition fee scholar, Oscar Arriola.

## 2003 Workshop



Speakers L to R: Drs. Benjie Rigor, El Castro, Rene Querubin, Bayani Elma, Vickie Casibang, Dekiam Ong, Elmer Gilo & Conrad Miranda



Dr. Dekiam Ong, Vice-President & concurrent Chairman of the Library Committee talks about marketing, and re-search

Participants included officers, leaders, and interested supporters of the alumni foundation and association. The next leadership workshop will be on August 4, 2004 at the Chicago confab.





**UERMMMC Alumni Foundation,  
USA, Inc.**

# 4th leadership workshop in NJ

**EXECUTIVE OFFICE**  
Hospital Road Professional Center  
250 Yaphank Rd., Suite 20  
Patchogue, N.Y 11772

(516) 289-7466 Or 475-8281 Fax: (516) 289-7609

**BOARD OF TRUSTEES:** **Bayani B. Elma, M.D.**, Chairman, 10907 Tony Drive, Luther, MD 21093, (410) 296-0573, fax (410) 296-1929, email [bbel-mamd@radicus.net](mailto:bbel-mamd@radicus.net); **Conrad J.R. Miranda, IV, M.D.**, President, P.O. Box 3827, Glendale, CA 91221, (818) 762-4169, fax (818) 762-4165, cell (818) 482-0178, email [cmira4@aol.com](mailto:cmira4@aol.com); **Renato Querubin, M.D.**, Vice-Chairman, 80 Fallen Oaks Lane, Amherst, OH 44001, (440) 988-2265, email [REQUE@aol.com](mailto:REQUE@aol.com); **De-kiam Ong, M.D.**, Vice-President., **Rolando Mendoza, M.D.**, Secretary, 777 37th. Suite B-107, Vero Beach, FL 32960, (772)569-1259, fax (772) 562-0773, email [GRGMendoza@aol.com](mailto:GRGMendoza@aol.com); **Isabelita B. Casibang, M.D.**, Assistant Secretary and Parliamentarian; **Elmer Gilo, M.D.**, 2 Deer Run, Sparta, NJ 07871, (973) 729-7967, fax (973) 729-9523, email [EGILO@atglobal.net](mailto:EGILO@atglobal.net); **Roy Baldomero, M.D.**, Assistant Treasurer, 49 Christy Drive, Warren, NJ 07059, (973) 374-7789, email [BaldoRoy@aol.com](mailto:BaldoRoy@aol.com); **Manuel Blas, M.D.**, Member, 31 Regent Drive, Oak Brook, IL 60521, (630) 986-8283, email [MLBLASCAP@aol.com](mailto:MLBLASCAP@aol.com); **Victoria Camacho, M. D.**, Member, P.O. Box 260, Johnson City, NY 13790, (607) 770-9078; **Sam Dona, M.D.**, Member, 13071 Jerome Way Drive, Hunt Valley, MD 21030, (410) 584-1421, email [Sdona410@aol.com](mailto:Sdona410@aol.com); **Jose Prudencio, M.D.**, Member, 523 Halyard Way, Evola, PA 17025, (717) 728-1261, fax (717) 728-9398, email [JoeEstela@aol.com](mailto:JoeEstela@aol.com);

**Continued on page 17**



*Standing L to R: El Castro, Rene Querubin, Benjie Rigor, Conrad Miranda, Evasio Cagande, Joe Prudencio, Elmer Gilo, Rene Raymundo, Dick Ong, Bayani Elma, Abner Pasatiempo, Sam Dona, Roy Baldomero, Roly Mendoza. Seating L to R: Violy Rigor, Amor Castro, Sue Raymundo, Vickie Casibang, Marie Elma, & Nanette Pasatiempo.*

The 4th orientation and leadership workshop jointly sponsored by the UERMMMC Medical Alumni Foundation, USA, Inc., UERMMMC Medical Alumni Association in America, Inc. and UERMMMC Alliance & Friends was held on Saturday, November 22, 2003 at the Marriott Courtyard in Elizabeth, New Jersey. It was attended by 22 officers, leaders, members and supporters of the three organizations and covered topics relating to the proper and successful management of a charitable foundation. Speakers came mostly from the alumni foundation's board of trustees.

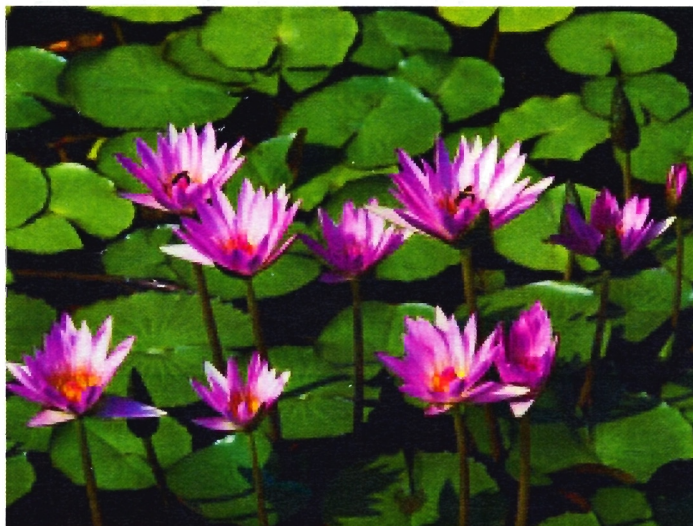
The meeting was divided into two sessions. The morning one focused on ethical issues, new reporting standards for non-profits, information access, marketing and research, risk management, fundraising, and tax issues. The afternoon session tackled strategic planning and budgeting with a brief board meeting which approved the new **Continued on page 11**



## Alumni Foundation Newsletter

**UERMMMC Alumni Foundation USA, Inc.**  
3105 W. 15th. St., Suite E  
Plano, Texas 75075  
(469) 467-9755  
[sapigamd@earthlink.net](mailto:sapigamd@earthlink.net)

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**Happy Easter to all!**